

Sample Program of Study

Bachelor of Science in Kinesiology-Sports Medicine

(B.S.) TOTAL = 120 hrs

YEAR 1 - FALL		
BBL 1013	Old Testament Survey	3 cr
COR 1002	Gateway Seminar	2 cr
EGL 1013	English I: Composition	3 cr
PSY 1013	Introductory Psychology	3 cr
BIO 1124	Cell Biology	4 cr
TOTAL		15 CR
YEAR 2 - FALL		
KIN 1002	Wellness for Life	2 cr
KIN 2012	First Aid, Safety, & CPR	2 cr
CHM 1124	General Chemistry I	4 cr
HST 2023	Integrated Humanities II	3 cr
PSY 2383	Statistics for Behavioral Sciences	3 cr
_____	Elective	3 cr
TOTAL		17 CR
YEAR 3 - FALL		
BIO 2514	Anatomy & Physiology I	4 cr
KIN 3123	Injury Evaluation Lower Extremity	3 cr
KIN 3483	Therapeutic Exercise & Modalities	3 cr
KIN 3493	Internship	3 cr
_____	Intercultural Engagement Elective	3 cr
TOTAL		16 CR
YEAR 4 - FALL		
PHY 1114	Fundamentals of Physics I	4 cr
PSY 2413	Developmental Psychology	3 cr
KIN 3493	Kinesiology Internship	3 cr
KIN 4423	Biomechanics	3 cr

YEAR 1 - SPRING		
BBL 1023	New Testament Survey	3 cr
EGL 1023	English II: Literary Analysis and Research	3 cr
HST 2013	Integrated Humanities I	3 cr
KIN 2123	Care of Athletic Injuries	3 cr
_____	Elective	3 cr
TOTAL		15 CR
YEAR 2 - SPRING		
CHM 1134	General Chemistry II	4 cr
BBL 2013	Essentials of Evangelical Theology	3 cr
_____	Arts and Humanities Elective	3 cr
KIN 2182	Medical Terminology	2 cr
KIN 3303	Nutrition for Health and Human Performance	3 cr
TOTAL		15 CR
YEAR 3 - SPRING		
BIO 2524	Anatomy & Physiology II	4 cr
BBL 2002	Essentials of Christian Formation	2 cr
KIN 3133	Injury Evaluation Upper Extremity	3 cr
KIN 4433	Exercise Physiology	3 cr
_____	Elective	3 cr
TOTAL		15 CR
YEAR 4 - SPRING		
PHY 1124	Fundamentals of Physics II	4 cr
KIN 4443	Management in Health & Sport†	3 cr
_____	Elective	1 cr
_____	Elective	3 cr
_____	Elective	3 cr

Sample Program of Study

Bachelor of Science in Kinesiology-Health/Wellness Emphasis

(B.S.) TOTAL = 120 hrs

YEAR 1 - FALL		
BBL 1013	Old Testament Survey	3 cr
COR 1002	Gateway Seminar in Christian Scholarship	2 cr
EGL 1013	English I: Composition	3 cr
PSY 1013	Introductory Psychology	3 cr
_____	Natural Science Elective	3 cr
TOTAL		14 CR
YEAR 2 - FALL		
KIN 1002	Wellness for Life	2 cr
KIN 2012	First Aid, Safety, & CPR	2 cr
KIN 1021	Weight Training	1 cr
HST 2023	Integrated Humanities II	3 cr
_____	Intercultural Engagement Elective	3 cr
_____	Elective	3 cr
TOTAL		14 CR
YEAR 3 - FALL		
KIN 3353	Theory of Coaching	3 cr
KIN 4423	Biomechanics	3 cr
KIN 3491	Kinesiology Internship	1 cr
_____	Elective	3 cr
_____	Elective	3 cr
_____	Elective	3 cr
TOTAL		16 CR
YEAR 4 - FALL		
BBL 2002	Essentials of Christian Formation	2 cr
KIN 3493	Kinesiology Internship	3 cr
KIN 3313	Exercise Prescription	3 cr
_____	Elective	3 cr
_____	Elective	3 cr
TOTAL		14 CR

YEAR 1 - SPRING		
BBL 1023	New Testament Survey	3 cr
EGL 1023	English II: Literary Analysis and Research	3 cr
KIN 2123	Care of Athletic Injuries	3 cr
HST 2013	Integrated Humanities I	3 cr
_____	Mathematics Elective	3 cr
TOTAL		15 CR
YEAR 2 - SPRING		
BBL 2013	Essentials of Evangelical Theology	3 cr
KIN 2182	Medical Terminology	2 cr
_____	Natural Science Elective	3 cr
_____	Arts and Humanities Elective	3 cr
_____	Social and Behavioral Science Elective	3 cr
_____	Elective	3 cr
TOTAL		17 CR
YEAR 3 - SPRING		
KIN 3303	Nutrition for Health & Human Performance	3 cr
KIN 3333	Sport & Exercise Psychology	3 cr
KIN 4443	Management in Health & Sport	3 cr
_____	Elective	3 cr
_____	Elective	3 cr
TOTAL		15 CR
YEAR 4 - SPRING		
KIN 4433	Exercise Physiology	3 cr
_____	Kinesiology Elective	3 cr
_____	Elective	3 cr
_____	Elective	3 cr
_____	Elective	3 cr
TOTAL		15 CR

Sample" 5 YEAR" Plan of Study

Bachelor of Science in Kinesiology

Health & Wellness Emphasis with MAT 4+1 Option

(B.S.) TOTAL = 120 hrs

YEAR 1 - FALL		
COR 1002	Gateway Seminar in Christian Scholarship	2 cr
BBL 1013	Old Testament Survey	3 cr
EGL 1013	English I: Composition	3 cr
PSY 1013	Introductory Psychology	3 cr
_____	Natural Science Elective	3 cr
TOTAL		14 CR
YEAR 2 - FALL		
KIN 1002	Wellness for Life	2 cr
KIN 1021	Weight Training	1 cr
KIN 1021	Selected Activity Courses (2 total classes)	2 cr
KIN 2012	First Aid, Safety, & CPR	2 cr
HST 2023	Integrated Humanities II	3 cr
_____	Intercultural Engagement Elective	3 cr
TOTAL		13 CR
YEAR 3 - FALL		
KIN 3353	Theory of Coaching	3 cr
KIN 1021	Selected Activity Courses (2 total classes)	2 cr
KIN 3313	Exercise Prescription	3 cr
KIN 4443	Management in Health & Sport	3 cr
KIN 4423	Biomechanics	3 cr
ED 7353	Human Intellect & the Brain	3 cr
TOTAL		17 CR
YEAR 4 - FALL		
BBL 2002	Essentials of Christian Formation	2 cr
KIN 3493	Kinesiology Internship	3 cr
KIN 3313	Exercise Prescription	3 cr
ED 8643	Literacy Content Specific	3 cr
ED 8423	Pedagogy Classroom Instruction	3 cr
ED 8711	Practicum I (MAT only credit)	1 cr
ED 8721	Practicum II (MAT only credit)	1 cr
TOTAL		16 CR

YEAR 1 - SPRING		
BBL 1023	New Testament Survey	3 cr
EGL 1023	English II: Literary Analysis and Research	3 cr
KIN 2123	Care of Athletic Injuries	3 cr
HST 2013	Integrated Humanities I	3 cr
_____	Mathematics Elective	3 cr
TOTAL		15 CR
YEAR 2 - SPRING		
KIN 1021	Selected Activity Courses (2 total classes)	2 cr
BBL 2013	Essentials of Evangelical Theology	3 cr
KIN 2182	Medical Terminology	2 cr
_____	Natural Science Elective	3 cr
_____	Arts and Humanities Elective	3 cr
_____	Social and Behavioral Science Elective	3 cr
TOTAL		16 CR
YEAR 3 - SPRING		
KIN 3303	Nutrition for Health & Human Performance	3 cr
KIN 3333	Sport & Exercise Psychology	3 cr
KIN 4423	Biomechanics	3 cr
ED 7233	Human Development	3 cr
KIN 1021	Selected Activity Courses (3 total classes)	3 cr
TOTAL		15 CR
YEAR 4 - SPRING		
ED 2311	Enhancing Learning through PA	1 cr
KIN 3493	Kinesiology Internship	3 cr
KIN 4433	Exercise Physiology	3 cr
ED 8443	Pedagogy Management/Assess (MAT credit)	3 cr
_____	Elective	3 cr
_____	Elective	1 cr
TOTAL		14 CR

Only 12 graduate hours can count concurrently for undergraduate credit. The 5 remaining credits will be applied only to the MAT degree.

FIFTH YEAR:

Summer: ED 7033 Christian Foundations and ED 8653 Literacy All Areas
Fall: ED 7513 Action Research & Data Analysis and ED 7733 Differentiated Learning
Spring: ED 8886 Internship and ED 8881 Internship Seminar

Sample Program of Study -- DOUBLE MAJOR -- Bachelor of Science

Kinesiology-Health/Wellness Emphasis & Outdoor Leadership

(B.S.) TOTAL = 120 hrs

YEAR 1 - FALL		
COR 1002	Gateway Seminar in Christian Scholarship	2 cr
BBL 1013	Old Testament Survey	3 cr
EGL 1013	English I: Composition	3 cr
PSY 1013	Introductory Psychology	3 cr
_____	Natural Science Elective (4 options)	3 cr
TOTAL		14 CR
YEAR 2 - FALL		
KIN 1002	Wellness for Life	2 cr
KIN 1021	Weight Training	1 cr
KIN 2012	First Aid, Safety, & CPR	2 cr
HST 2023	Integrated Humanities II	3 cr
_____	Intercultural Engagement Elective	3 cr
OLM 2373	Principles & Practices of Experiential Edu (Even Yr)	3 cr
TOTAL		14 CR
YEAR 3 - FALL		
KIN 3353	Theory of Coaching	3 cr
KIN 3491	Kinesiology Internship	1 cr
KIN 4443	Management in Health & Sport	3 cr
BBL 2002	Essentials of Christian Formation	2 cr
OLM 4433	Capstone in Christian Ministry	3 cr
OLM 2383	Outdoor Living Skills (Odd Yr)	3 cr
TOTAL		15 CR
YEAR 4 - FALL		
KIN 3313	Exercise Prescription	3 cr
KIN 3493	Kinesiology Internship	3 cr
KIN 4423	Biomechanics	3 cr
FAM 4443	Critical Concerns w Adolescents	3 cr
CMF 2263	Discipleship & Evangelism	3 cr
TOTAL		15 CR

YEAR 1 - SPRING		
KIN 2123	Care of Athletic Injuries	3 cr
BBL 1023	New Testament Survey	3 cr
EGL 1023	English II: Literary Analysis and Research	3 cr
HST 2013	Integrated Humanities I	3 cr
_____	Mathematics Elective	3 cr
TOTAL		15 CR
YEAR 2 - SPRING		
KIN 2182	Medical Terminology	2 cr
BBL 2013	Essentials of Evangelical Theology	3 cr
BIO 1__	Natural Science Elective (2 options)	3 cr
_____	Arts and Humanities Elective	3 cr
_____	Social and Behavioral Science Elective	3 cr
OLM 3153	Philosophy & Methods of Outdoor Edu (Odd Yr)	3 cr
TOTAL		17 CR
YEAR 3 - SPRING		
KIN 3303	Nutrition for Health & Human Performance	3 cr
KIN 3333	Sport & Exercise Psychology	3 cr
KIN 4423	Biomechanics	3 cr
OLM 3413	Christian Formation	3 cr
OLM 4431	Introduction to Capstone in Christian Ministry	3 cr
TOTAL		15 CR
YEAR 4 - SPRING		
KIN 4433	Exercise Physiology	3 cr
CMF 2133	Human Formation & Ministry	3 cr
_____	Kinesiology Elective	3 cr
OLM 3243	Disc Dev. Through Campu & Adv Program (Odd Yr)	3 cr
OLM ____	Internship	3 cr
TOTAL		15 CR